**Core Service Agencies/ Local Behavioral Health Administration**

**Programs for Transition Age Youth (TAY)**

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| **CSA/LBHA** | **Service Providers** | **Name of program** | **Type of Program** | **Ages**  **Served** | **Eligibility** | **Available services & supports** | **To Serve** |
| Anne Arundel | Arundel Lodge, Inc | TAY PRP | PRP, with  access to SE | 16-25 | Youth must be in the  PMHS and meet  MNC for either  Targeted Case  Management (TCM) or PRP | Youth are provided with TCM or PRP services, depending on eligibility and their individual need. Includes youth-directed support funds to assist youth to move toward greater self-sufficiency and successful achievement of goals related to relevant transition domains. Additional clinical oversight and consultation is provided by a licensed mental health professional supported by the grant. | 20 TAY /annually |
| Baltimore City | PEP | TAY RRP | RRP, with access to SE | 18-25 | Diagnosed with Serious Mental  Illness and meet MNC for RRP | Provides psychiatric and residential rehabilitation services and housing for individuals with a serious mental illness who need extensive support and a structured living environment, to include psychosocial assessments, medication monitoring, support with living skills, and case management. Services are available at the residence and offsite in the community to help develop skills to live independently. Access to on call staff 24/7. | 8 beds M/F  SE Spec. to serve an additional unduplicated 15 TAY  (16-25) in the community |
|  | University of  Maryland  Harbor City  Unlimited | TAY RRP | RRP, with access to SE | 18-25 | Diagnosed with Serious Mental  Illness | Same as above | Same as above but  6 M beds |
| On our Own | Transitional  Age Youth Center | Peer Support | 18-30 | Self-identified as a consumer of mental health | Peer support groups, WRAP action plans |  |
| Baltimore County | PEP | Transition Age  Youth (TAY)  Program | Independent  Living  Program/ Supported housing/ RRP, with access to SE | 18-25 | Diagnosed with  Serious Mental  Illness and meet  MNC and financial eligibility for PRP or RRP. | Provides training and supervision to clients regarding daily living skills. The overall goal is for clients to live successfully in the community as independent adults. Provides a couple of hours each day of psychiatric/residential rehabilitation interventions and support. | 10 beds: 6 RRP and 4 Supported Housing must have SSI |
| Charles/  Calvert/  St. Mary’s  Counties | Pathways    SAMHSA MD-HT Providers (16-25, no housing outside of the MD-HT grant for TAY 16-18) | Transition-Age  Youth  Independent  Living Program | Outpatient mental health  treatment  PRP  RRP  Independent  Living  Program/  Supported  Housing;  Supported;  Employment;  Supported  Education | 16-25 | Individuals must have a priority population mental health diagnosis and be involved in the Public Mental Health System; individual must have Maryland Medicaid or PAC insurance. Individual must be willing to relocate to St. Mary's County for the housing portion of this  Independent Living | The program is designed to TAY with a serious mental illness obtain the necessary skills and  entitlements needed to live on their own in the community. There is a set curriculum that is followed for the TAY program. Clients are also linked to the appropriate entitlement services as well such as Supported Employment, SSI, Food Stamps, Education-GED, College, etc. Clients have the opportunity participate in the program while still living with their family or through another living arrangement | 8 beds and serve 40/annually |
| Pathways | TAY-MISA Program | Outpatient mental health treatment Independent Living Program/ supported housing Supported  Employment;  Supported  Education; Substance use disorder treatment | 18-22 | Presence of a serious mental illness (meeting adult target population criteria) and a substance abuse history or at risk for substance abuse issues. The individual must also have Medicaid or PAC and will be willing to relocate to St. Mary's County for the housing portion of the program. | The TAY-MISA program serves the co-occurring population who have a serious mental illness and substance abuse concerns or who are at risk for substance abuse issues. The program consists of both males and females, but they do not live together. Clients are linked to the appropriate entitlements and support services such as SSI, Supported Employment, Food Stamps, Education, etc. Clients are required to participate in mental health services and are referred to Walden Behavioral Health for substance use disorder treatment services. While living in the program housing they are required to pay a portion of the rental fees if they have income. | 6 beds |
| Carroll | Way Station | TAY | RRP, with access to SE | 18-22 | Priority population diagnosis and in need of intensive, supervised and structured housing setting in the  community. RRP medical necessity. | Traditional intensive RRP setting which includes a home like setting in the community with the addition of 24 hour staffing support. | 6 beds:M/F |
| Frederick | Way Station | HTI | HTI - Assertive  Community  Treatment;  Supported  Employment;  Peer support; Family support; Youth leadership development/  mentoring | 16-25 | Mental Health Diagnosis – MNC for service. | Goal direction by consumer, facilitated by team including peer facilitator and transition facilitator Work with family to maintain consumer in the home when appropriate along with goal of helping consumer toward independence in multiple transition-related domains. | 55 TAY in Frederick and Washington Co |
| Garrett | Garrett College | TAY PRP | Peer Support Youth leadership development/  mentoring | 13-21 | Students must be at least 13 for the initial year. Once the initial year is completed, students can become involved in the TAY-C program during the high school years. The 13 year old group has separate programs days than the high school age group. | TAY Program staff maintain consultation with the MH Therapists and school staff throughout the program year. The TAY Mentors, college students enrolled in the Adventure Sports program, meet with TAY participants to assist with TAY assignments. There are scheduled outdoor/indoor adventure activities which relate to a theme discussed during the program day each week. Following the activity, participants are involved in a debriefing session to discuss what they learned about others and themselves during the activity. As the programming progresses, participants begin completing journals focusing on self-discovery. There are also evaluation forms completed by the  TAY Program Mentors. Teacher and Parent Pre/Post Evaluations are also collected on the TAY Participants and compared in the final program report. | 15 |
| Howard | Humanim  SAMHSA MD-HT Providers (16-25) | TAY | PRP; RRP; Independent living program/ Supported housing; Supported  Employment;  Supported  Education | 16-26 | Individuals must meet the medical necessity criteria established for the public mental health system for each service. Youth who have experienced RTC placements or high in-patient utilization are the first priority for  TAY Program. | The TAY program provides residential and psychiatric rehabilitation as well as linkage to other community programs. | 12 beds and serve 40/annually |

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| Mid Shore  Mental Health  Systems  (Kent/Queen Anne’s/Caroli ne/Dorchester and Talbot | Crossroads | TAY Program | PRP/SE | 18-25 | Mental Health  Diagnosis- MNC for service. | Psychiatric rehabilitation program services informed by the empirically-supported TIP model with focus on independence in relevant transition-related domains | Serve 10 |
| Montgomery | Family  Services-Montgomery Station | TAY Program | RRP with access to SE | 18-22 | TAY youth eligible for services in the PMHS that need residential rehabilitation services. | Provides psychiatric and residential rehabilitation services and housing for individuals with a serious mental illness who need extensive support and a structured living environment, to include psychosocial assessments, medication monitoring, support with living skills, and case management. Services are available at the residence and offsite in the community to help develop skills to live independently. Access to on call staff 24/7. | 10 beds |
| Community Connections | Youth in Transition | RRP with access to SE | 18-22 | TAY youth that are eligible for services in the PMHS. | Provides psychiatric and residential rehabilitation services and housing for individuals with a serious mental illness who need extensive support and a structured living environment, to include psychosocial assessments, medication monitoring, support with living skills, and case management. Services are available at the residence and offsite in the community to help develop skills to live independently. Access to on call staff 24/7. | 12 beds |

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| Prince Georges | Rehabilitation Systems, Inc. | TAY with  Families | RRP | 18-24 | Must be 18 to 24 years of age with at least one child or pregnant. | Skill development/enhancement in the following areas: parenting, social skills, childhood development, somatic care, mental health symptom management, employment, money management, household management. The program also provides child care and mentoring services. | 6 beds |
| Washington | HTI- WayStation | HTI- Supported  Employment;  Assertive  Community;  Treatment  Peer support;  Family support;  Youth leadership development/ mentoring | Currently grant funded Services based on the Transition to Independence model | 16-25 | Mental Health Diagnosis- MNC for service | Goal direction by consumer, facilitated by team including peer facilitator and transition facilitator Work with family to maintain consumer in the home when appropriate along with goal of helping consumer toward independence in multiple transition-related domains. | 55 TAY in Frederick and Washington Co |
| Worcester | Worcester Health Department | TAY Program | PRP | 18-25 | Mental Health Diagnosis- MNC for service | Youth are provided with PRP services, depending on eligibility and their individual need. Includes youth-directed support funds to assist youth to move toward greater self-sufficiency and successful achievement of goals related to relevant transition domains. Additional clinical oversight and consultation is provided by a licensed mental health professional | Serve 10 |
| Statewide | County Departments of Social Services | Foster Care | Child  Welfare  Program | 18-21 | The services offered by DSS are specific to children removed from their parents and placed in the State of Maryland's foster care system. If children are not placed back in custody of their parents, family members, or adoptive parents prior to age 18 they may be eligible to be served through the age of 21. | Services and supports include, but are not limited to, housing, case management, independent living skills training, budgeting skills, and guardianship. | Department of Human Resources |

**TAY Programs without BHA funding**

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| Harford | Upper Bay | TAY/PRP | PRP/SE | 16-21 | At least two of the listed impairments:  Psych  Hospitalization, RTC Placement; substance abuse; aggressive behavior; behaviors resulting in danger to self or others; psychosis; poor reality testing; high levels of impulsivity, poor judgment, and/or inability to self-protect in the community. | The program helps individuals learn the skills needed to obtain independent housing, competitive employment and a positive, sustainable social support system Areas of Focus: Employment; Education; Life skills; Supportive social networks. | Fee  for service |
| Wicomico/  Somerset | Go-Getters, Inc. | TAY Program | RRP | 18 and older | Meet MNC for this level of service to be screened by the CSA. | RRP program offers varied levels of care. | Fee  for Service  6 RRP beds  To serve 10 |
| Maple Shade  Youth and  Family  Services | TAY Program | Outpatient mental health treatment | 5 and older | Services for co-occurring intellectual and mental health conditions. | PRP services, respite services, and outpatient counseling | Fee  for service |

Abbreviations Key:

ADL – Activities of Daily Living TCM – Targeted Case Management

HTI – Healthy Transitions Initiative PMHS – Public Mental Health System

MHA – Mental Hygiene Administration MNC – Medical Necessity Criteria

PRP – Psychiatric Rehabilitation Program WRAP – Wellness Recovery Action Plan

PEP – People Encouraging People SE – Supported Employment

RRP – Residential Rehabilitation Program

TAY – Transition Age Youth